



Caregiving Resources for Canadians

Provided by

Canadian Initiative for Elder Planning Studies

CAREGIVING WEBSITES

<http://www.caregiving.com>

<http://www.caps4caregivers.org>

<http://www.caregiving.org>

CAREGIVING BOOKS

Chronic Conditions and Caregiving in Canada: Social Support Strategies
by Miriam J. Stewart

Helping Yourself Help Others: A Book for Caregivers - by Rosalynn Carter, Susan K. Golant

Caregiving: The Spiritual Journey of Love, Loss, and Renewal - by Beth Witrogen McLeod

Caring for Yourself While Caring for Your Aging Parents: How to Help, How to Survive
- by Claire Berman

Caregiver's Reprieve – by Brandt, A.

Long Distance Caregiving: A Survival Guide for Far Away Caregivers- A. Heath

OTHER RESOURCES

1996 General Social Survey (GSS) on social and community support.

Canadian Study of Health and Aging Working Group, Canadian Journal on Aging, 1994

Caregiver Network Inc. (CNI) – Ms. Karen Henderson, Toronto, ON

Caregiving Families Newsletter, 17 Applegate Ct., Madison, WI 53713

ElderCare Online, www.ec-online.net

Family Caregiver Alliance, 690 Market Street, Suite 600, San Francisco, CA 94104

Health Canada

Kelly Cranswick, analyst with Housing, Family and Social Statistics Division, Statistics Canada

National Alliance for Caregiving

North Carolina Department of Health and Human Services, Division of Aging 1997/98

Olga Malott, a gerontologist at Ontario's University of Waterloo

Statistics Canada, Canadian statistics on caregiving