

2024 CAREGIVING RESOURCES

Provincial caregiver support organizations

<https://www.tevacanada.com/en/canada/support-for-caregivers/caregiver-support/provincial-organizations/>

<https://healthexperiences.ca/family-caregiving/provincial-caregiving-organizations-resources/>

Resources for caregivers

<https://healthcareathome.ca/above-and-beyond-caregiver-recognition-program/resources-for-caregivers/>

<http://www.caregiving.com>

<https://ontariocaregiver.ca>

<https://canadiancaregiving.org/caregivers/caregiver-resources/>

<https://caregivingmatters.ca>

CAREGIVING BOOKS

- The Complete Canadian Eldercare Guide: Expert Solutions to Help You Make the Best Decisions for Your Loved Ones by Caroline Tapp-McDougall
- Our Turn to Parent by Barbara Dunn and Linda Scott
- Feeding My Mother by Jann Arden
- Protect Your Elderly Parents: Become Your Parents' Huardian or Trustee by Lynn Butler
- Chronic Conditions and Caregiving in Canada: Social Support Strategies by Miriam J. Stewart
- Helping Yourself Help Others: A Book for Caregivers - by Rosalynn Carter, Susan K. Golant
- Caregiving: The Spiritual Journey of Love, Loss, and Renewal - by Beth Witrogen McLeod
- Caring for Yourself While Caring for Your Aging Parents: How to Help, How to Survive - by Claire Berman
- Caregiver's Reprieve – by Brandt, A.
- Long Distance Caregiving: A Survival Guide for Far Away Caregivers- A. Heath

OTHER RESOURCES

- Government of Canada Caregiving benefits and Leave
- Canadian Centre for Caregiving Excellence
- AgingCare-CarePlanGuide.pdf
- General Social Survey: Canadians at Work and Home (GSS)
- Sixty+Me
- Family Caregiver Alliance, 690 Market Street, Suite 600, San Francisco, CA 94104
- National Alliance for Caregiving
- Caregiving in Canada: Challenges and opportunities shaping a national conversation